



FALL SPORT - VOLLEYBALL

GIRLS AND BOYS



AIAL VOLLEYBALL LEAGUE: AIAL hosts a competitive volleyball league for middle schools in the Archdiocese of San Antonio. The teams in our league are the larger schools on the north-west and west side of San Antonio. League games are played both at St. Luke and other school gyms.

A TEAM COACH: Monica Olivarez—She is a former standout at MacArthur High School. She is a graduate of St. Mary's University and teaches Math at an area high school. She has three years of coaching experience, most recently at Blessed Sacrament.

B TEAM COACH: Arlene Fuentes — She is our PE instructor and a former high school volleyball player. Coach Fuentes will be in the gym at 3:15 to begin practices and will work with the B team.

SEASON START/END: Conditioning practices will begin Monday, 7 August, 6:00 p.m. to 7:30 p.m. Athletes are encouraged to attend, but these are optional.

TRY-OUTS: Tuesday-Thursday, 15-17 August 2006, 3:30—5:30 in the gym. These practices will be closed to parents and students (those not trying out). On Friday, athletes will be notified by letter.

ROSTER SIZE: A team—10 girls, B team—12 girls, CYO team (if interest allows); A boys team will be fielded if adequate numbers are interested. The boys team would be coached by Coach Olivarez and Fuentes and would practice regularly with the girls teams. 5th graders will not be allowed to try out for the school team. We hope 5th grade players will form a St. Luke CYO team; the school will continue to cultivate the relationship between CYO and middle school sports.

PRACTICES AND GAMES: Will be held daily Monday through Thursday in the gym. Games are typically played on Tuesday through Thursday, with a few weekend tournaments. The practice/game calendar will be available by 22 August.

TEAM PHOTO DATE/TIME: The team photo will be taken on Wednesday, 23 August. Order forms will be passed out the week previous. Athletes need to remember their uniforms that day!

EQUIPMENT NEEDED: Players need volleyball knee pads and suitable court shoes. Practice attire is a St. Luke PE or St. Luke Athletics shirt and shorts. Game uniforms and shorts will be provided.