



The Light

St. Luke Catholic School



"Whoever receives one child such as this in my name, receives me; and whoever receives me, receives not me but the One who sent me."

Mk 9:37

Flu Information Session

Presenter: Carlos Jaén, MD, PhD
Professor and Chair, Dept. of Family and Community Medicine, UT Health Science Center Medical School
Thursday, Sept. 24, 6:30 p.m., Parish Hall

The Wellness Committee is sponsoring a Flu Information Presentation. Dr. Carlos Jaén will provide up-to-date information on seasonal and H1N1 flu incidence/prevention/treatment.

Flu shots will be available in the school clinic on Tuesday, September 29 from 3:30-5:00 p.m. at a cost of \$25 for the flu shot and \$35 for the flu mist.

FREE PARENT WORKSHOPS *PRECIOUS MINDS, NEW CONNECTIONS*

For: all parents, grandparents, extended family, childcare providers & teachers. Will be held at St. Luke Library
Dates & Time: Every Wednesday evening for eight weeks, beginning Sept. 30, 2009 from 6:30 to 8:00 p.m.
Cost: No Charge, including FREE childcare (with reservation)

Discussion Topics: brain and emotional development of infants to adolescents, common patterns of child development, communicating and negotiating with children, selecting toys and books that promote brain development, keys to school success, fostering self-esteem, promoting positive behavior, and more.

Classes available in English and Spanish.

Register by calling Patti Lozano at 804-0927. Please provide your name, address, phone number, e-mail address, & age(s) of child(ren) for childcare.

Entertainment Book Sale Update

Our thanks to all, parents, students, teachers and school staff for your help in making the Entertainment Book Sale a success. We appreciate the time and efforts that you all have donated to this important fundraiser.

A final reminder to parents: the deadline to turn in the demo book has passed; please submit your \$25 payment by Friday, September 25. Please make sure that your child's name and homeroom are clearly indicated on your payment.

Children's World Wide Holy Hour

Our school will be celebrating the Children's World Wide Holy Hour on Friday, October 2, 2009 at 11:00 in the Parish Hall. We will join children all over the world in prayer as we have Benediction and sing the Chaplet of Divine Mercy. This special time is set aside for children all over the world as we remember the importance of prayer in community.

NOON DISMISSAL

A reminder that our next noon dismissal is Friday, October 2. Students in PK-1st grade will be dismissed at 11:45; 2nd-5th gr. at 11:55; middle school at 12 p.m. The school office will close at 1:00 p.m. After school care will be available. Students staying for after school care need to pack a sack lunch as the cafeteria will be closed.

Menu Change for Friday, Sept. 25

Oven chicken, early peas, mashed potatoes, milk, sliced bread

			23 LAST DAY OF ENT. BOOK SALE <i>Volleyball vs. St. Peter</i> Mad Science	24 Mass led by 6B Flu Information Session, 6:30 p.m.	25 <i>Football vs. Mt. Sacred Heart, 7:30 p.m. @ Central Catholic</i>	26 Homecoming Dance, café 7-10 p.m.
				<i>Homecoming week, Sept. 21-25</i>		
27	28 8th Grade Trip to MO Ranch	29	30 Mad Science <i>Parent Workshop, 6:30-8:00 p.m., Library</i>	1 Mass led by 5th Grade SCRABBLE CLUB <i>Catholic Life Sweepstakes begins</i>	2 NOON DISMISSAL <i>Football vs. St. Matthew, 7:30 p.m. @ St. Matthew</i>	3



2009 St. Luke Lady Rebels Volleyball B-Team

BOX TOPS FOR EDUCATION REMINDER



The turn-in date for Box Tops for Education is **next Friday, October 2nd**. Don't forget to take advantage of **HEB's** generous offer that runs through the end of September: **Buy 10 participating products in one trip, get 70 Bonus Box Tops at check out!!** Bonus Box Tops are also appearing on products such as Betty Crocker's Hamburger Helper (4 Box Tops), Warm Delights (3 Box Tops), and some Green Giant frozen vegetables (3 Box Tops). For a complete list of participating products, ways to earn Bonus Box Tops, and for savings coupons on participating products, please visit www.bboxtops4education.com. (Please remember that St. Luke's does not participate in the Campbell's Soup program.) Thank you for supporting our school by participating in the Box Tops for Education program! Mary Knisley, Box Tops Coordinator

PTC

PTC Domino's Pizza Lunch

St. Luke PTC will be sponsoring a Domino's Pizza Lunch on Friday, October 9. Funds raised from PTC lunches are used to buy items for your child's classroom and other improvements/upgrades throughout our school. Please note that the deadline for ordering pizza is Wednesday, October 7, 3:30 p.m. Order forms are being sent home today, and are also available on the school website (posted under "current news").

Thanks for a Great Ice Cream Social!

Many thanks to all volunteers who helped with this year's Ice Cream Social. Special thanks to all who helped to prepare food, donated items, or gave of their time in any way to help make this event a success.

Counselor's Corner...

GUIDANCE LESSONS KELSO'S CHOICES

Students in all homeroom classes will participate in monthly guidance lessons throughout the school year. Age-appropriate topics, such as friendship/interpersonal skills, study skills, feelings awareness and management, responsible behavior, personal safety, career awareness and planning, and problem-solving will be presented by Mrs. Hinojosa during these lessons.

During the month of September, our first graders are being introduced to *Kelso's Choices* to help them learn how to handle small conflicts with their peers. Small conflicts are those that cause mild feelings of annoyance (such as being upset, bothered, embarrassed, frustrated, hurt or left out, etc.). In grades 2 through 8, review lessons are being conducted to encourage students to continue making peaceful choices when conflicts arise. Practicing and using the nine conflict management skills learned from *Kelso's Choices* empowers students to solve their own small problems, and increases feelings of personal competence as conflicts are successfully resolved.

Catholic Student Club

The Catholic Student Club will meet on the following dates: Tuesday, October 6 and Tuesday, October 27. All meetings are after school from 3:30-4:30 p.m. in Room 205.

Cheer Clinic Sponsored by Central Cheerleaders

Central Catholic High School Cheerleaders will be holding a cheerleader clinic for girls in 1st through 8th grade on Sat., Sept. 26 at Central's gym from 9:00 a.m. to 1:00 p.m. The cost is \$30 and registration/permission forms are available in the St. Luke school office. All participants will receive a T-shirt and will have the opportunity to perform at the Central football game vs. St. Michael's on Oct. 2. For more information contact Lisa Ybarra at 738.3931.